



Winter weather kit list

You will very likely experience varied conditions on your voyage even in the midst of winter! With this in mind layers is the answer just like walking or Skiing make sure you bring a number of layers rather than one thick set of clothing. This will enable you to adjust the protection as required.

Whatever you bring it will need to fit in a container provided for your personal kit it's not huge so try to be economical with the packing! Do not bring hard shell cases as we have nowhere to stow 14 suitcases...Pack your gear into collapsible bags.

We will provide;

- Set of wet weather gear (or bring your own)
- Lifejacket and harness (please do not bring your own)

Suggested Clothing;

- Thermal underwear (or your regular pants plus a t shirt)
- T Shirts and polo shirts (allow a couple of days wear from each)
- Mid layer (made by Henri Lloyd for example) these can be expensive so alternatively take a few items such as T shirts polar necks etc.
- Fleece top A fleece pullover will keep you warm and dries out quickly
- Fleece trousers or tack suit bottoms –Bring a couple of pairs just in case they get wet!
- Some socks – mixture of thick woolen and regular socks
- A hat and gloves (the hat needs to be warm and able to cover your ears)
- Non marking shoes – Deck shoes or trainers and if possible some sailing boots or clean wellies.

Please do not bring

- Black soled trainers (ones which mark)
- Jeans to wear whilst sailing. Jeans are ok for going ashore but take too long to dry when wet.
- Too much stuff!
- Hard cases!

Other personal kit to bring

- Towel (not too big!)
- Personal medication and contact lenses/glasses
- Wash bag
- Pillow
- Book
- Sun screen