



# Summer and warm weather kit list

## **Suggested Kit List**

You will probably experience big variations in temperature and sun strength on your summer sailing event unless we are in the tropics where we have some specific recommendations the kit below should be considered.

Whatever you bring it will need to fit in a container provided for your personal kit it's not huge so try to be economical with the packing! Do not bring hard shell cases as we have nowhere to stow 14 suitcases...Pack your gear into collapsible bags.

## **We will provide;**

- Set of wet weather gear (or bring your own)
- Lifejacket and harness (please do not bring your own)

## **Suggested Clothing;**

- Shorts and T shirts
- Swimming costume
- Mid layer (made by Henri Lloyd for example) these can be expensive so alternatively take a few items such as T shirts polar necks etc.
- Fleece top A fleece pullover will keep you warm if the temperature drops and dries out quickly
- Fleece trousers or tack suit bottoms –
- Some socks – regular socks as you feet easily get burnt!
- A hat and gloves (the hat needs to cover your ears)
- Non marking shoes – Deck shoes or trainers and maybe sandals

## **Please do not bring**

- Black soled trainers (ones which mark)
- Jeans to wear whilst sailing. Jeans are ok for going ashore but take too long to dry when wet.
- Too much stuff!
- Hard cases!

## **Other personal kit to bring**

- Towel (not too big!)
- Personal medication and contact lenses/glasses
- Wash bag
- Pillow
- Book
- Sun screen and talc